

National Aboriginal and Torres Strait Islander **Nutrition and Physical Activity Survey**



Your health is important

An interviewer will visit your community and ask you some questions about your physical activity and what you eat



If you would like to know more about your health, you can choose to provide a blood and/or urine sample



By completing the survey, you are helping tell your community's story



The right numbers will give a better understanding of what health services are needed in our communities



This is our story. and our future, so let's gets started!



To find out more visit abs.gov.au/NATSINPAS







